



LEGEND OF CROSS  
Mühlberg / 05.11.2017

### Detailed evaluation

**HEINZE, Michael**

Club: AP Racing Team  
Number: 223

Course: 9.50 km  
SPRINT

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:29:08

Speed: 6.06 km/h  
Running performance: 9:23 min/km

Rank in course/Total: 372 (of 673)

Rank in course/Men: 273 (of 411)

Best time in course: 43:20

Rank in category: 3(of 5)

Best time in the category: 1:18:21

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:13:07	8:24	3	7:43	266	35:58	8.69	1:13:07	8:24	3	7:43	266	35:58
Sportplatz Mühlb	0.81	16:01	19:46	3	3:04	295	9:50	9.50	1:29:08	9:22	3	10:47	273	45:48