



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

WAHA, Jens

Club: Gera

Number: 672

Course: 9.50 km

SPRINT

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:20:30

Speed: 6.71 km/h

Running performance: 8:28 min/km

Rank in course/Total: 246 (of 673)

Rank in course/Men: 194 (of 411)

Best time in course: 43:20

Rank in category: 2(of 5)

Best time in the category: 1:18:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:05:50	7:34	2	0:26	184	28:41	8.69	1:05:50	7:34	2	0:26	184	28:41
Sportplatz Mühlb	0.81	14:40	18:06	2	1:43	261	8:29	9.50	1:20:30	8:28	2	2:09	194	37:10