



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

GRAU, Andre

Club: Neustadt
Number: 182

Course: 9.50 km
SPRINT

Category:
Senioren M40 (40-44 Jahre)

Total time: 56:05

Speed: 9.63 km/h
Running performance: 5:54 min/km

Rank in course/Total: 17 (of 673)

Rank in course/Men: 17 (of 411)

Best time in course: 43:20

Rank in category: 4(of 54)

Best time in the category: 52:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	47:33	5:28	4	3:11	17	10:24	8.69	47:33	5:28	4	3:11	17	10:24
Sportplatz Mühlb	0.81	8:32	10:32	3	0:36	15	2:21	9.50	56:05	5:54	4	3:47	17	12:45