



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

FRÖCHTLING, Stephanie

Club: Erfurt
Number: 148

Course: 9.50 km
SPRINT

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:44:29

Speed: 5.17 km/h
Running performance: 11:00 min/km

Rank in course/Total: 574 (of 673)

Rank in course/Women: 206 (of 262)

Best time in course: 59:03

Rank in category: 43(of 53)

Best time in the category: 1:05:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Mühlberg	8.69	1:26:43	9:58	43	32:11	211	37:10	8.69	1:26:43	9:58	43	32:11	211	37:10
Sportplatz Mühlb	0.81	17:46	21:56	35	7:17	178	8:16	9.50	1:44:29	10:59	43	39:28	206	45:26