



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

POPP, Thomas

Club: Salomonsborn
Number: 1289

Course: 16.78 km
EXPERT

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:53:54

Speed: 8.43 km/h
Running performance: 6:47 min/km

Rank in course/Total: 61 (of 416)

Rank in course/Men: 57 (of 341)

Best time in course: 1:17:13

Rank in category: 3(of 35)

Best time in the category: 1:49:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	48:25	6:32	3	3:10	62	16:08	7.40	48:25	6:32	3	3:10	62	16:08
Mühlburg	8.57	55:27	6:28	3	1:27	52	17:43	15.97	1:43:52	6:30	3	4:37	56	33:49
Sportplatz Mühlb	0.81	10:02	12:23	4	0:22	57	2:52	16.78	1:53:54	6:47	3	4:43	59	36:41