



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

APEL, Ewald

Club: Erfurt

Number: 7

Course: 9.50 km

SPRINT

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:41:50

Speed: 5.30 km/h

Running performance: 10:43 min/km

Rank in course/Total: 545 (of 673)

Rank in course/Men: 355 (of 411)

Best time in course: 43:20

Rank in category: 16(of 18)

Best time in the category: 54:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men				km	Time		
Mühlberg	8.69	1:24:29	9:43	17	39:02	363	47:20	8.69	1:24:29	9:43	17	39:02	363	47:20
Sportplatz Mühlb	0.81	17:21	21:25	16	8:27	336	11:10	9.50	1:41:50	10:43	16	47:29	355	58:30