



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

KOHLSTEDT, Sören

Club: Erfurt
Number: 328

Course: 9.50 km
SPRINT

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:42:32

Speed: 5.27 km/h
Running performance: 10:47 min/km

Rank in course/Total: 560 (of 673)

Rank in course/Men: 362 (of 411)

Best time in course: 43:20

Rank in category: 79(of 89)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:23:12	9:34	78	41:27	353	46:03	8.69	1:23:12	9:34	78	41:27	353	46:03
Sportplatz Mühlb	0.81	19:20	23:52	83	11:28	382	13:09	9.50	1:42:32	10:47	79	52:52	362	59:12