



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

BIEDERMANN, Jörg

Club: Vippacher Sport Orden
Number: 1021

Course: 16.78 km
EXPERT

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:36:56

Speed: 6.42 km/h
Running performance: 9:21 min/km

Rank in course/Total: 299 (of 416)

Rank in course/Men: 260 (of 341)

Best time in course: 1:17:13

Rank in category: 34(of 40)

Best time in the category: 1:27:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	1:02:59	8:30	36	26:36	283	30:42	7.40	1:02:59	8:30	36	26:36	283	30:42
Mühlburg	8.57	1:17:59	9:05	33	34:51	255	40:15	15.97	2:20:58	8:49	35	1:01:27	262	1:10:55
Sportplatz Mühlb	0.81	15:58	19:42	31	7:59	248	8:48	16.78	2:36:56	9:21	34	1:09:26	263	1:19:43