



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

BIEDERMANN, Jörg

Club: Vippacher Sport Orden
Number: 1021

Course: 16.78 km
EXPERT

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:36:56

Speed: 6.12 km/h
Running performance: 9:21 min/km

Rank in course/Total: 299 (of 416)

Rank in course/Men: 260 (of 341)

Best time in course: 1:17:13

Rank in category: 34(of 40)

Best time in the category: 1:27:30

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Wachsenburg | 7.40 | 1:02:59 | 8:30 | 36 | 26:36 | 283 | 30:42 | 7.40 | 1:02:59 | 8:30 | 36 | 26:36 | 283 | 30:42 |
| Mühlburg | 8.57 | 1:17:59 | 9:05 | 33 | 34:51 | 255 | 40:15 | 15.97 | 2:20:58 | 8:49 | 35 | 1:01:27 | 262 | 1:10:55 |
| Sportplatz Mühlb | 0.81 | 15:58 | 19:42 | 31 | 7:59 | 248 | 8:48 | 16.78 | 2:36:56 | 9:21 | 34 | 1:09:26 | 263 | 1:19:43 |