



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

SCHWAB, Sebastian

Club: Oelsnitz  
Number: 2209

Course: 26.71 km  
BERSERKER

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:44:01

Speed: 9.51 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 16 (of 205)

Rank in course/Men: 16 (of 189)

Best time in course: 2:16:04

Rank in category: 4(of 45)

Best time in the category: 2:16:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	42:49	5:47	4	5:55	16	7:23	7.40	42:49	5:47	4	5:55	16	7:23
Burg Gleichen	8.53	51:31	6:02	4	7:28	19	8:58	15.93	1:34:20	5:55	4	13:10	18	16:21
Mühlberg	9.97	58:37	5:52	4	12:08	14	12:08	25.90	2:32:57	5:54	5	25:18	24	41:59
Sportplatz Mühlb	0.81	11:04	13:39	6	3:15	29	3:15	26.71	2:44:01	6:08	5	27:57	22	40:46