



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

SCHUSTER, Lars

Club: leipzig
Number: 2208

Course: 26.71 km
BERSERKER

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:39:07

Speed: 10.07 km/h
Running performance: 5:58 min/km

Rank in course/Total: 12 (of 205)

Rank in course/Men: 12 (of 189)

Best time in course: 2:16:04

Rank in category: 2(of 25)

Best time in the category: 2:29:38

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	43:26	5:52	4	6:39	17	8:00	7.40	43:26	5:52	4	6:39	17	8:00
Burg Gleichen	8.53	50:18	5:53	3	6:23	15	7:45	15.93	1:33:44	5:53	4	13:02	17	15:45
Mühlburg	9.97	56:01	5:37	1	-	10	9:32	25.90	2:29:45	5:46	4	36:06	18	38:47
Sportplatz Mühlb	0.81	9:22	11:33	1	-	12	1:33	26.71	2:39:07	5:57	4	33:47	18	35:52