



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

MEFFERT-DAUM, Yvonne

Club: Saalfeld
Number: 1242

Course: 16.78 km
EXPERT

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:41:34

Speed: 5.94 km/h
Running performance: 9:38 min/km

Rank in course/Total: 316 (of 416)

Rank in course/Women: 45 (of 75)

Best time in course: 1:47:42

Rank in category: 6(of 7)

Best time in the category: 2:07:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women
								km	Time	min/km	Pos	Behind	Pos				
Wachsenburg	7.40	1:04:30	8:42	5	11:53	51	19:19	7.40	1:04:30	8:42	5	11:53	51	19:19			
Mühlburg	8.57	1:19:46	9:18	6	16:27	43	26:47	15.97	2:24:16	9:02	6	28:20	44	46:06			
Sportplatz Mühlb	0.81	17:18	21:21	6	5:53	49	7:54	16.78	2:41:34	9:37	6	34:13	45	53:52			