



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

HEINITZ, Marcel

Club: Ahorn
Number: 1115

Course: 16.78 km
EXPERT

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:51:32

Speed: 5.60 km/h
Running performance: 10:13 min/km

Rank in course/Total: 367 (of 416)

Rank in course/Men: 302 (of 341)

Best time in course: 1:17:13

Rank in category: 38(of 40)

Best time in the category: 1:27:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	1:05:01	8:47	37	28:38	298	32:44	7.40	1:05:01	8:47	37	28:38	298	32:44
Mühlburg	8.57	1:26:10	10:03	37	43:02	298	48:26	15.97	2:31:11	9:28	37	1:11:40	299	1:21:08
Sportplatz Mühlb	0.81	20:21	25:07	38	12:22	309	13:11	16.78	2:51:32	10:13	38	1:24:02	306	1:34:19