



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

GÖRING, Christof

Club: Apfelstädt  
Number: 1095

Course: 16.78 km  
EXPERT

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:47:43

Speed: 5.72 km/h  
Running performance: 10:00 min/km

Rank in course/Total: 348 (of 416)

Rank in course/Men: 291 (of 341)

Best time in course: 1:17:13

Rank in category: 36(of 40)

Best time in the category: 1:27:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	1:01:02	8:14	33	24:39	252	28:45	7.40	1:01:02	8:14	33	24:39	252	28:45
Mühlburg	8.57	1:28:40	10:20	38	45:32	309	50:56	15.97	2:29:42	9:22	36	1:10:11	294	1:19:39
Sportplatz Mühlb	0.81	18:01	22:14	37	10:02	291	10:51	16.78	2:47:43	9:59	36	1:20:13	294	1:30:30