



Detailed evaluation

JÄKEL, Claudia

Club: Berlin
Number: 274

Course: 9.50 km
SPRINT

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:47:07

Speed: 5.32 km/h
Running performance: 11:17 min/km

Rank in course/Total: 599 (of 673)

Rank in course/Women: 218 (of 262)

Best time in course: 59:03

Rank in category: 44(of 53)

Best time in the category: 1:05:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Mühlberg	8.69	1:29:02	10:14	45	34:30	222	39:29	8.69	1:29:02	10:14	45	34:30	222	39:29
Sportplatz Mühlb	0.81	18:05	22:19	39	7:36	189	8:35	9.50	1:47:07	11:16	44	42:06	218	48:04