



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

LIPPOLD, Hardy

Club: Halle
Number: 2145

Course: 26.71 km
BERSERKER

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:47:36

Speed: 9.31 km/h
Running performance: 6:16 min/km

Rank in course/Total: 18 (of 205)

Rank in course/Men: 18 (of 189)

Best time in course: 2:16:04

Rank in category: 4(of 25)

Best time in the category: 2:29:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	43:29	5:52	5	6:42	18	8:03	7.40	43:29	5:52	5	6:42	18	8:03
Burg Gleichen	8.53	51:24	6:01	5	7:29	18	8:51	15.93	1:34:53	5:57	5	14:11	20	16:54
Mühlburg	9.97	1:02:31	6:16	6	6:30	23	16:02	25.90	2:37:24	6:04	7	43:45	25	46:26
Sportplatz Mühlb	0.81	10:12	12:35	4	0:50	15	2:23	26.71	2:47:36	6:16	6	42:16	24	44:21