



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

FRANK, Fabian

Club: Erfurt  
Number: 1071

Course: 16.78 km  
EXPERT

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:47:42

Speed: 5.72 km/h  
Running performance: 9:59 min/km

Rank in course/Total: 347 (of 416)

Rank in course/Men: 290 (of 341)

Best time in course: 1:17:13

Rank in category: 67(of 75)

Best time in the category: 1:17:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	1:01:03	8:15	60	28:46	255	28:46	7.40	1:01:03	8:15	60	28:46	255	28:46
Mühlburg	8.57	1:28:38	10:20	70	50:50	308	50:54	15.97	2:29:41	9:22	67	1:19:36	293	1:19:38
Sportplatz Mühlb	0.81	18:01	22:14	66	10:48	291	10:51	16.78	2:47:42	9:59	67	1:30:24	293	1:30:29