



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

ARMSTER, Katrin

Club: Erfurt
Number: 10

Course: 16.78 km
EXPERT

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:47:17

Speed: 5.74 km/h
Running performance: 9:58 min/km

Rank in course/Total: 342 (of 416)

Rank in course/Women: 57 (of 75)

Best time in course: 1:47:42

Rank in category: 14(of 16)

Best time in the category: 1:50:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wachsenburg	7.40	1:02:33	8:27	13	16:07	42	17:22	7.40	1:02:33	8:27	13	16:07	42	17:22
Mühlburg	8.57	1:24:23	9:50	13	29:38	58	31:24	15.97	2:26:56	9:12	14	45:45	54	48:46
Sportplatz Mühlb	0.81	20:21	25:07	13	10:46	61	10:57	16.78	2:47:17	9:58	14	56:31	57	59:35