



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

FRICKE, Christian

Club: Kölleda  
Number: 143

Course: 9.50 km  
SPRINT

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:50:46

Speed: 4.88 km/h  
Running performance: 11:40 min/km

Rank in course/Total: 620 (of 673)

Rank in course/Men: 389 (of 411)

Best time in course: 43:20

Rank in category: 79(of 86)

Best time in the category: 56:39

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:31:33	10:32	81	44:42	391	54:24	8.69	1:31:33	10:32	81	44:42	391	54:24
Sportplatz Mühlb	0.81	19:13	23:43	77	10:29	378	13:02	9.50	1:50:46	11:39	79	54:07	389	1:07:26