



7. Lindenblütencross
Walschleben / 25.06.2017

Detailed evaluation

Friedrich, Karsten

Number: 281

Course: 11.20 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 55:16

Speed: 12.16 km/h

Running performance: 4:56 min/km

Rank in course/Total: 18 (of 82)

Rank in course/Men: 18 (of 65)

Best time in course: 40:10

Rank in category: 4(of 6)

Best time in the category: 44:32