



7. Lindenblütencross  
Walschleben / 25.06.2017

Detailed evaluation

Zirnikhelmut, Helmut

Club: Ohne  
Number: 250

Course: 11.20 km  
Hauptlauf

Category:  
Senioren M75 (75 und älter)

Total time: 1:27:46

Speed: 7.66 km/h  
Running performance: 7:50 min/km

Rank in course/Total: 82 (of 82)

Rank in course/Men: 65 (of 65)

Best time in course: 40:10

Rank in category: 1(of 1)

Best time in the category: 1:27:46