



7. Lindenblütencross  
Walschleben / 25.06.2017

Detailed evaluation

Albin, Lutz

Number: 142

Course: 5.60 km  
Jedermannslauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 31:23

Speed: 9.56 km/h

Running performance: 5:36 min/km

Rank in course/Total: 21 (of 53)

Rank in course/Men: 19 (of 32)

Best time in course: 21:01

Rank in category: 1(of 1)

Best time in the category: 31:23