



7. Lindenblütencross
Walschleben / 25.06.2017

Detailed evaluation

John, Ronald

Club: SV Empor Walschleben
Number: 133

Course: 5.60 km
Jedermannslauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 33:26

Speed: 8.97 km/h
Running performance: 5:58 min/km

Rank in course/Total: 29 (of 53)

Rank in course/Men: 25 (of 32)

Best time in course: 21:01

Rank in category: 2(of 2)

Best time in the category: 25:18