



7. Lindenblütencross  
Walschleben / 25.06.2017

Detailed evaluation

**Nowak, Annett**

Club: WalschbergRunner  
Number: 116

Course: 5.60 km  
Jedermannslauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 37:46

Speed: 8.90 km/h  
Running performance: 6:44 min/km

Rank in course/Total: 46 (of 53)  
Rank in course/Women: 15 (of 21)  
Best time in course: 29:07

Rank in category: 1(of 2)  
Best time in the category: 37:46