



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

**Baiba Ažušele**

Club: Talsu pakalnu sporta klubs  
Number: 301

Course: 20.10 km  
Sporta distance

Category:  
S1-Sporta distance

Total time: 1:34:41

Speed: 12.74 km/h  
Running performance: 4.71 min/km

Rank in course/Total: 31 (of 157)

Rank in course/Women: 2 (of 40)

Best time in course: 1:33:59

Rank in category: 1(of 14)

Best time in the category: 1:34:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	10:04	-	1	-	1	-	-	10:04	-	1	-	1	-
2	-	15:36	-	1	-	2	0:12	-	25:40	-	1	-	1	-
3	-	3:46	-	1	-	2	0:15	-	29:26	-	1	-	2	0:12
4	-	11:01	-	1	-	2	0:12	-	40:27	-	1	-	2	0:24
5	-	6:08	-	1	-	1	-	-	46:35	-	1	-	2	0:20
1	-	10:06	-	1	-	1	-	-	56:41	-	1	-	2	0:11
2	-	16:15	-	1	-	2	0:21	-	1:12:56	-	1	-	2	0:32
3	-	3:50	-	2	0:07	3	0:08	-	1:16:46	-	1	-	2	0:40
4	-	11:30	-	3	0:15	4	0:15	-	1:28:16	-	1	-	2	0:53
Finish	-	6:25	-	2	0:12	2	0:12	20.10	1:34:41	-	1	-	2	0:42