



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Alise Griķe

Club: Daugavpils Runners
Number: 53

Course: 10.00 km
Tautas distance

Category:
S2-Tautas distance

Total time: 1:08:29

Speed: 8.76 km/h
Running performance: 6.85 min/km

Rank in course/Total: 203 (of 256)

Rank in course/Women: 76 (of 116)

Best time in course: 42:28

Rank in category: 28(of 45)

Best time in the category: 47:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	15:19	-	24	5:08	65	6:32	-	15:19	-	24	5:08	65	6:32
2	-	22:26	-	29	6:14	78	7:58	-	37:45	-	26	11:22	73	14:30
3	-	5:35	-	32	1:47	79	2:02	-	43:20	-	26	13:09	74	16:32
4	-	16:11	-	31	5:20	79	6:00	-	59:31	-	26	18:29	72	22:32
Finish	-	8:58	-	30	2:51	80	3:29	10.00	1:08:29	-	28	21:19	76	26:01