



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Zane Mirdza Paikena

Number: 66

Course: 10.00 km

Tautas distance

Category:

S2-Tautas distance

Total time: 1:10:12

Speed: 8.55 km/h

Running performance: 7.02 min/km

Rank in course/Total: 210 (of 256)

Rank in course/Women: 82 (of 116)

Best time in course: 42:28

Rank in category: 33(of 45)

Best time in the category: 47:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	16:28	-	29	6:17	83	7:41	-	16:28	-	29	6:17	83	7:41
2	-	22:38	-	32	6:26	83	8:10	-	39:06	-	31	12:43	80	15:51
3	-	5:28	-	29	1:40	75	1:55	-	44:34	-	31	14:23	80	17:46
4	-	16:20	-	34	5:29	82	6:09	-	1:00:54	-	31	19:52	80	23:55
Finish	-	9:18	-	34	3:11	88	3:49	10.00	1:10:12	-	33	23:02	82	27:44