



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

ILZE KRONBERGA

Number: 59

Course: 10.00 km

Tautas distance

Category:

S2-Tautas distance

Total time: 1:10:30

Speed: 8.51 km/h

Running performance: 7.05 min/km

Rank in course/Total: 211 (of 256)

Rank in course/Women: 83 (of 116)

Best time in course: 42:28

Rank in category: 34(of 45)

Best time in the category: 47:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Pos		Behind		
				Cat.	Pos	Cat.	Women	km	Time	min/km	Cat.	Pos	Cat.	Women
1	-	19:02	-	43	8:51	112	10:15	-	19:02	-	43	8:51	112	10:15
2	-	22:23	-	28	6:11	76	7:55	-	41:25	-	38	15:02	94	18:10
3	-	5:36	-	33	1:48	80	2:03	-	47:01	-	36	16:50	92	20:13
4	-	15:36	-	25	4:45	67	5:25	-	1:02:37	-	33	21:35	85	25:38
Finish	-	7:53	-	13	1:46	41	2:24	10.00	1:10:30	-	34	23:20	83	28:02