



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Līga Keino

Total time: 1:16:27

Number: 58

Speed: 7.85 km/h

Running performance: 7.65 min/km

Course: 10.00 km

Rank in course/Total: 236 (of 256)

Tautas distance

Rank in course/Women: 101 (of 116)

Best time in course: 42:28

Category:

Rank in category: 39(of 45)

S2-Tautas distance

Best time in the category: 47:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	18:10	-	38	7:59	103	9:23	-	18:10	-	38	7:59	103	9:23
2	-	24:56	-	38	8:44	99	10:28	-	43:06	-	39	16:43	103	19:51
3	-	6:01	-	40	2:13	100	2:28	-	49:07	-	39	18:56	103	22:19
4	-	17:30	-	38	6:39	96	7:19	-	1:06:37	-	38	25:35	99	29:38
Finish	-	9:50	-	38	3:43	101	4:21	10.00	1:16:27	-	39	29:17	101	33:59