



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Lauma Muceniece

Number: 64

Course: 10.00 km

Tautas distance

Category:

S2-Tautas distance

Total time: 1:17:12

Speed: 7.77 km/h

Running performance: 7.72 min/km

Rank in course/Total: 238 (of 256)

Rank in course/Women: 103 (of 116)

Best time in course: 42:28

Rank in category: 40(of 45)

Best time in the category: 47:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Women	Behind Women	Total km	Total Time			Total min/km	Pos Women	Behind Women
1	-	18:39	-	40	8:28	107	9:52	-	18:39	-	40	8:28	107	9:52
2	-	25:35	-	40	9:23	104	11:07	-	44:14	-	40	17:51	105	20:59
3	-	5:56	-	38	2:08	96	2:23	-	50:10	-	40	19:59	104	23:22
4	-	17:05	-	37	6:14	92	6:54	-	1:07:15	-	39	26:13	101	30:16
Finish	-	9:57	-	39	3:50	102	4:28	10.00	1:17:12	-	40	30:02	103	34:44