



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Inese Gulbe

Total time: 1:31:01

Number: 54

Speed: 6.59 km/h

Running performance: 9.10 min/km

Course: 10.00 km

Rank in course/Total: 252 (of 256)

Tautas distance

Rank in course/Women: 113 (of 116)

Best time in course: 42:28

Category:

Rank in category: 43(of 45)

S2-Tautas distance

Best time in the category: 47:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	20:43	-	45	10:32	116	11:56	-	20:43	-	45	10:32	116	11:56
2	-	30:33	-	44	14:21	115	16:05	-	51:16	-	44	24:53	115	28:01
3	-	7:38	-	44	3:50	112	4:05	-	58:54	-	44	28:43	115	32:06
4	-	22:10	-	42	11:19	110	11:59	-	1:21:04	-	42	40:02	112	44:05
Finish	-	9:57	-	39	3:50	102	4:28	10.00	1:31:01	-	43	43:51	113	48:33