



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Viviana Kirilova

Club: VSK Noskrien Vāveres
Number: 337

Course: 20.10 km
Sporta distance

Category:
S3-Sporta distance

Total time: 1:48:25

Speed: 11.12 km/h
Running performance: 5.39 min/km

Rank in course/Total: 78 (of 157)
Rank in course/Women: 10 (of 40)
Best time in course: 1:33:59

Rank in category: 2(of 9)
Best time in the category: 1:48:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	11:40	-	2	0:49	8	1:36	-	11:40	-	2	0:49	8	1:36
2	-	17:20	-	2	0:47	10	1:56	-	29:00	-	2	1:36	10	3:20
3	-	4:33	-	5	0:23	16	1:02	-	33:33	-	2	1:59	10	4:19
4	-	12:40	-	2	0:36	9	1:51	-	46:13	-	2	2:35	10	6:10
5	-	6:56	-	1	-	8	0:48	-	53:09	-	1	-	9	6:54
1	-	12:30	-	2	0:20	13	2:24	-	1:05:39	-	1	-	9	9:09
2	-	18:13	-	1	-	9	2:19	-	1:23:52	-	1	-	9	11:28
3	-	4:35	-	1	-	10	0:53	-	1:28:27	-	1	-	9	12:21
4	-	12:56	-	1	-	10	1:41	-	1:41:23	-	1	-	9	14:00
Finish	-	7:02	-	1	-	9	0:49	20.10	1:48:25	-	2	0:10	10	14:26