



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Baiba Maskoļūna

Club: Vsk noskrien
Number: 338

Course: 20.10 km
Sporta distance

Category:
S3-Sporta distance

Total time: 2:17:01

Speed: 8.76 km/h
Running performance: 6.82 min/km

Rank in course/Total: 140 (of 157)

Rank in course/Women: 34 (of 40)

Best time in course: 1:33:59

Rank in category: 9(of 9)

Best time in the category: 1:48:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	15:04	-	9	4:13	29	5:00	-	15:04	-	9	4:13	29	5:00
2	-	21:13	-	9	4:40	31	5:49	-	36:17	-	9	8:53	31	10:37
3	-	5:10	-	9	1:00	32	1:39	-	41:27	-	9	9:53	31	12:13
4	-	15:02	-	9	2:58	30	4:13	-	56:29	-	9	12:51	32	16:26
5	-	8:34	-	8	1:38	29	2:26	-	1:05:03	-	8	11:54	31	18:48
1	-	14:37	-	8	2:27	30	4:31	-	1:19:40	-	8	14:01	30	23:10
2	-	23:24	-	8	5:11	35	7:30	-	1:43:04	-	8	19:12	32	30:40
3	-	6:01	-	8	1:26	34	2:19	-	1:49:05	-	8	20:38	33	32:59
4	-	17:45	-	8	4:49	34	6:30	-	2:06:50	-	8	25:27	33	39:27
Finish	-	10:11	-	8	3:09	36	3:58	20.10	2:17:01	-	9	28:46	34	43:02