



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Kristīne Slikšāne

Club: VSK Noskrien
Number: 106

Course: 10.00 km
Tautas distance

Category:
S3-Tautas distance

Total time: 52:40

Speed: 11.39 km/h
Running performance: 5.27 min/km

Rank in course/Total: 78 (of 256)

Rank in course/Women: 12 (of 116)

Best time in course: 42:28

Rank in category: 2(of 29)

Best time in the category: 52:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	11:33	-	2	0:25	13	2:46	-	11:33	-	2	0:25	13	2:46
2	-	17:34	-	1	-	11	3:06	-	29:07	-	2	0:02	11	5:52
3	-	4:11	-	1	-	14	0:38	-	33:18	-	1	-	10	6:30
4	-	12:21	-	1	-	12	2:10	-	45:39	-	1	-	11	8:40
Finish	-	7:01	-	2	0:27	15	1:32	10.00	52:40	-	2	0:19	12	10:12