



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Dace Hartmane

Club: Talsu pauguraines zaķi
Number: 97

Course: 10.00 km
Tautas distance

Category:
S3-Tautas distance

Total time: 58:42

Speed: 10.22 km/h
Running performance: 5.87 min/km

Rank in course/Total: 130 (of 256)

Rank in course/Women: 30 (of 116)

Best time in course: 42:28

Rank in category: 5(of 29)

Best time in the category: 52:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	13:25	-	7	2:17	38	4:38	-	13:25	-	7	2:17	38	4:38
2	-	19:15	-	4	1:41	26	4:47	-	32:40	-	5	3:35	30	9:25
3	-	4:41	-	4	0:30	28	1:08	-	37:21	-	5	4:03	30	10:33
4	-	13:52	-	4	1:31	28	3:41	-	51:13	-	5	5:34	30	14:14
Finish	-	7:29	-	4	0:55	24	2:00	10.00	58:42	-	5	6:21	30	16:14