



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Zane Dille

Club: Skrien un nūjo Cēsis
Number: 92

Course: 10.00 km
Tautas distance

Category:
S3-Tautas distance

Total time: 1:03:18

Speed: 9.48 km/h
Running performance: 6.33 min/km

Rank in course/Total: 165 (of 256)

Rank in course/Women: 51 (of 116)

Best time in course: 42:28

Rank in category: 8(of 29)

Best time in the category: 52:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	14:38	-	11	3:30	54	5:51	-	14:38	-	11	3:30	54	5:51
2	-	20:41	-	8	3:07	52	6:13	-	35:19	-	9	6:14	52	12:04
3	-	4:58	-	7	0:47	44	1:25	-	40:17	-	9	6:59	51	13:29
4	-	14:41	-	7	2:20	48	4:30	-	54:58	-	8	9:19	49	17:59
Finish	-	8:20	-	10	1:46	61	2:51	10.00	1:03:18	-	8	10:57	51	20:50