



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Evija Kļave

Club: VSK Noskrien
Number: 101

Course: 10.00 km
Tautas distance

Category:
S3-Tautas distance

Total time: 1:08:26

Speed: 8.77 km/h
Running performance: 6.84 min/km

Rank in course/Total: 202 (of 256)

Rank in course/Women: 75 (of 116)

Best time in course: 42:28

Rank in category: 18(of 29)

Best time in the category: 52:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	15:44	-	13	4:36	72	6:57	-	15:44	-	13	4:36	72	6:57
2	-	22:08	-	17	4:34	73	7:40	-	37:52	-	17	8:47	74	14:37
3	-	5:15	-	10	1:04	61	1:42	-	43:07	-	17	9:49	72	16:19
4	-	16:28	-	18	4:07	85	6:17	-	59:35	-	17	13:56	73	22:36
Finish	-	8:51	-	15	2:17	73	3:22	10.00	1:08:26	-	18	16:05	75	25:58