



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Kristīne Goldmane

Number: 509

Course: 10.00 km

Tautas distance

Category:

S3-Tautas distance

Total time: 1:11:29

Speed: 8.39 km/h

Running performance: 7.15 min/km

Rank in course/Total: 213 (of 256)

Rank in course/Women: 84 (of 116)

Best time in course: 42:28

Rank in category: 19(of 29)

Best time in the category: 52:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	18:38	-	27	7:30	106	9:51	-	18:38	-	27	7:30	106	9:51
2	-	22:48	-	20	5:14	85	8:20	-	41:26	-	21	12:21	95	18:11
3	-	5:21	-	14	1:10	68	1:48	-	46:47	-	20	13:29	91	19:59
4	-	15:45	-	16	3:24	71	5:34	-	1:02:32	-	19	16:53	83	25:33
Finish	-	8:57	-	18	2:23	79	3:28	10.00	1:11:29	-	19	19:08	84	29:01