



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Ilarija Ločmele

Club: MSG

Number: 19

Course: 10.00 km

Tautas distance

Category:

S1-Tautas distance

Total time: 42:28

Speed: 14.13 km/h

Running performance: 4.25 min/km

Rank in course/Total: 9 (of 256)

Rank in course/Women: 1 (of 116)

Best time in course: 42:28

Rank in category: 1(of 42)

Best time in the category: 42:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	8:47	-	1	-	1	-	-	8:47	-	1	-	1	-
2	-	14:28	-	1	-	1	-	-	23:15	-	1	-	1	-
3	-	3:33	-	1	-	1	-	-	26:48	-	1	-	1	-
4	-	10:11	-	1	-	1	-	-	36:59	-	1	-	1	-
Finish	-	5:29	-	1	-	1	-	10.00	42:28	-	1	-	1	-