



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Sandra Kadiķe

Total time: 1:13:28

Number: 99

Speed: 8.17 km/h

Running performance: 7.35 min/km

Course: 10.00 km

Rank in course/Total: 231 (of 256)

Tautas distance

Rank in course/Women: 96 (of 116)

Best time in course: 42:28

Category:

Rank in category: 24(of 29)

S3-Tautas distance

Best time in the category: 52:21

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| 1                  | -        | 18:13      | -            | 26          | 7:05        | 104       | 9:26         | -             | 18:13      | -            | 26       | 7:05        | 104       | 9:26         |
| 2                  | -        | 23:24      | -            | 21          | 5:50        | 89        | 8:56         | -             | 41:37      | -            | 24       | 12:32       | 98        | 18:22        |
| 3                  | -        | 5:49       | -            | 23          | 1:38        | 92        | 2:16         | -             | 47:26      | -            | 24       | 14:08       | 98        | 20:38        |
| 4                  | -        | 16:48      | -            | 23          | 4:27        | 90        | 6:37         | -             | 1:04:14    | -            | 24       | 18:35       | 95        | 27:15        |
| Finish             | -        | 9:14       | -            | 21          | 2:40        | 86        | 3:45         | 10.00         | 1:13:28    | -            | 24       | 21:07       | 96        | 31:00        |