



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Ināra Ikauniece

Number: 510

Course: 10.00 km

Nujošanas pargajiens-1aplis

Category:

S-Nujošanas pargajiens-1aplis

Total time: 1:28:34

Speed: 6.77 km/h

Running performance: 8.86 min/km

Rank in course/Total: 7 (of 27)

Rank in course/Women: 3 (of 21)

Best time in course: 1:26:01

Rank in category: 3(of 21)

Best time in the category: 1:26:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	19:48	-	4	1:07	4	1:07	-	19:48	-	4	1:07	4	1:07
2	-	28:47	-	4	0:48	4	0:48	-	48:35	-	3	1:49	3	1:49
3	-	7:12	-	3	0:33	3	0:33	-	55:47	-	3	2:10	3	2:10
4	-	20:33	-	3	0:21	3	0:21	-	1:16:20	-	3	2:31	3	2:31
Finish	-	12:14	-	7	0:55	7	0:55	10.00	1:28:34	-	3	2:33	3	2:33