



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

## Detailed evaluation

### Ruta Dīce

Club: Gausā Jūdze  
Number: 505

Course: 10.00 km  
Nujošanas pargajiens-1aplis

Category:  
S-Nujošanas pargajiens-1aplis

Total time: 1:30:05

Speed: 6.66 km/h  
Running performance: 9.01 min/km

Rank in course/Total: 9 (of 27)  
Rank in course/Women: 5 (of 21)  
Best time in course: 1:26:01

Rank in category: 5(of 21)  
Best time in the category: 1:26:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	19:42	-	3	1:01	3	1:01	-	19:42	-	3	1:01	3	1:01
2	-	29:37	-	5	1:38	5	1:38	-	49:19	-	5	2:33	5	2:33
3	-	7:22	-	8	0:43	8	0:43	-	56:41	-	8	3:04	8	3:04
4	-	21:12	-	7	1:00	7	1:00	-	1:17:53	-	5	4:04	5	4:04
Finish	-	12:12	-	5	0:53	5	0:53	10.00	1:30:05	-	5	4:04	5	4:04