



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Jana Romanovska

Club: Zemgales Ziņas
Number: 519

Course: 10.00 km
Nujošanas pargajiens-1aplis

Category:
S-Nujošanas pargajiens-1aplis

Total time: 1:39:52

Speed: 6.01 km/h
Running performance: 9.99 min/km

Rank in course/Total: 19 (of 27)
Rank in course/Women: 15 (of 21)
Best time in course: 1:26:01

Rank in category: 15(of 21)
Best time in the category: 1:26:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	22:17	-	14	3:36	14	3:36	-	22:17	-	14	3:36	14	3:36
2	-	31:49	-	12	3:50	12	3:50	-	54:06	-	12	7:20	12	7:20
3	-	7:48	-	12	1:09	12	1:09	-	1:01:54	-	14	8:17	14	8:17
4	-	24:09	-	16	3:57	16	3:57	-	1:26:03	-	14	12:14	14	12:14
Finish	-	13:49	-	16	2:30	16	2:30	10.00	1:39:52	-	15	13:51	15	13:51