



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Silvija Ziediņa

Club: SPORTLAND

Number: 527

Course: 10.00 km

Nujošanas pargajiens-1aplis

Category:

S-Nujošanas pargajiens-1aplis

Total time: 1:42:18

Speed: 5.87 km/h

Running performance: min/km

Rank in course/Total: 22 (of 27)

Rank in course/Women: 17 (of 21)

Best time in course: 1:26:01

Rank in category: 17(of 21)

Best time in the category: 1:26:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	21:42	-	13	3:01	13	3:01	-	21:42	-	13	3:01	13	3:01
2	-	33:23	-	14	5:24	14	5:24	-	55:05	-	14	8:19	14	8:19
3	-	8:15	-	14	1:36	14	1:36	-	1:03:20	-	17	9:43	17	9:43
4	-	24:53	-	18	4:41	18	4:41	-	1:28:13	-	17	14:24	17	14:24
Finish	-	14:05	-	18	2:46	18	2:46	10.00	1:42:18	-	17	16:17	17	16:17