



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Ingūna Sevostjanova

Club: Nūjo vesels
Number: 520

Course: 20.10 km
Nujošanas pargajiens-2apli

Category:
S-Nujošanas pargajiens-2apli

Total time: 2:39:23

Speed: 7.57 km/h
Running performance: 7.93 min/km

Rank in course/Total: 3 (of 13)
Rank in course/Women: 1 (of 7)
Best time in course: 2:39:23

Rank in category: 1(of 7)
Best time in the category: 2:39:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	17:16	-	1	-	1	-	-	17:16	-	1	-	1	-
2	-	25:24	-	1	-	1	-	-	42:40	-	1	-	1	-
3	-	6:04	-	1	-	1	-	-	48:44	-	1	-	1	-
4	-	17:56	-	1	-	1	-	-	1:06:40	-	1	-	1	-
5	-	10:12	-	1	-	1	-	-	1:16:52	-	1	-	1	-
1	-	17:43	-	1	-	1	-	-	1:34:35	-	1	-	1	-
2	-	27:16	-	1	-	1	-	-	2:01:51	-	1	-	1	-
3	-	6:41	-	1	-	1	-	-	2:08:32	-	1	-	1	-
4	-	19:32	-	1	-	1	-	-	2:28:04	-	1	-	1	-
Finish	-	11:19	-	2	0:21	2	0:21	20.10	2:39:23	-	1	-	1	-