



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Ingūna Sevostjanova

Club: Nūjo vesels
Number: 520

Course: 20.10 km
Nujošanas pargajiens-2apli

Category:
S-Nujošanas pargajiens-2apli

Total time: 2:39:23

Speed: 7.53 km/h
Running performance: 7.93 min/km

Rank in course/Total: 3 (of 13)
Rank in course/Women: 1 (of 7)
Best time in course: 2:39:23

Rank in category: 1(of 7)
Best time in the category: 2:39:23

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| 1 | - | 17:16 | - | 1 | - | 1 | - | - | 17:16 | - | 1 | - | 1 | - |
| 2 | - | 25:24 | - | 1 | - | 1 | - | - | 42:40 | - | 1 | - | 1 | - |
| 3 | - | 6:04 | - | 1 | - | 1 | - | - | 48:44 | - | 1 | - | 1 | - |
| 4 | - | 17:56 | - | 1 | - | 1 | - | - | 1:06:40 | - | 1 | - | 1 | - |
| 5 | - | 10:12 | - | 1 | - | 1 | - | - | 1:16:52 | - | 1 | - | 1 | - |
| 1 | - | 17:43 | - | 1 | - | 1 | - | - | 1:34:35 | - | 1 | - | 1 | - |
| 2 | - | 27:16 | - | 1 | - | 1 | - | - | 2:01:51 | - | 1 | - | 1 | - |
| 3 | - | 6:41 | - | 1 | - | 1 | - | - | 2:08:32 | - | 1 | - | 1 | - |
| 4 | - | 19:32 | - | 1 | - | 1 | - | - | 2:28:04 | - | 1 | - | 1 | - |
| Finish | - | 11:19 | - | 2 | 0:21 | 2 | 0:21 | 20.10 | 2:39:23 | - | 1 | - | 1 | - |