



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Laura Soročina

Total time: 2:50:52

Number: 523

Speed: 7.02 km/h

Running performance: 8.50 min/km

Course: 20.10 km

Rank in course/Total: 11 (of 13)

Nujošanas pargajiens-2apli

Rank in course/Women: 6 (of 7)

Best time in course: 2:39:23

Category:

Rank in category: 6(of 7)

S-Nujošanas pargajiens-2apli

Best time in the category: 2:39:23

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| 1 | - | 19:51 | - | 7 | 2:35 | 7 | 2:35 | - | 19:51 | - | 7 | 2:35 | 7 | 2:35 |
| 2 | - | 27:24 | - | 6 | 2:00 | 6 | 2:00 | - | 47:15 | - | 7 | 4:35 | 7 | 4:35 |
| 3 | - | 6:43 | - | 6 | 0:39 | 6 | 0:39 | - | 53:58 | - | 7 | 5:14 | 7 | 5:14 |
| 4 | - | 19:33 | - | 5 | 1:37 | 5 | 1:37 | - | 1:13:31 | - | 7 | 6:51 | 7 | 6:51 |
| 5 | - | 10:56 | - | 3 | 0:44 | 3 | 0:44 | - | 1:24:27 | - | 7 | 7:35 | 7 | 7:35 |
| 1 | - | 18:35 | - | 5 | 0:52 | 5 | 0:52 | - | 1:43:02 | - | 6 | 8:27 | 6 | 8:27 |
| 2 | - | 28:15 | - | 5 | 0:59 | 5 | 0:59 | - | 2:11:17 | - | 5 | 9:26 | 5 | 9:26 |
| 3 | - | 6:58 | - | 6 | 0:17 | 6 | 0:17 | - | 2:18:15 | - | 6 | 9:43 | 6 | 9:43 |
| 4 | - | 20:45 | - | 6 | 1:13 | 6 | 1:13 | - | 2:39:00 | - | 6 | 10:56 | 6 | 10:56 |
| Finish | - | 11:52 | - | 5 | 0:54 | 5 | 0:54 | 20.10 | 2:50:52 | - | 6 | 11:29 | 6 | 11:29 |