



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Andris Gailis

Club: Auseklis IK
Number: 350

Course: 20.10 km
Sporta distance

Category:
V1-Sporta distance

Total time: 1:17:48

Speed: 15.42 km/h
Running performance: 3.87 min/km

Rank in course/Total: 4 (of 157)

Rank in course/Men: 4 (of 117)

Best time in course: 1:13:37

Rank in category: 4(of 31)

Best time in the category: 1:13:37

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	8:35	-	4	0:21	5	0:21	-	8:35	-	4	0:21	5	0:21
2	-	12:49	-	4	0:40	5	0:40	-	21:24	-	4	0:59	4	0:59
3	-	3:03	-	4	0:11	5	0:11	-	24:27	-	4	1:10	5	1:10
4	-	9:00	-	4	0:22	4	0:22	-	33:27	-	4	1:30	4	1:30
5	-	5:03	-	4	0:14	4	0:14	-	38:30	-	4	1:44	4	1:44
1	-	8:29	-	4	0:39	5	0:39	-	46:59	-	4	2:23	4	2:23
2	-	13:29	-	4	1:09	5	1:09	-	1:00:28	-	4	3:32	5	3:32
3	-	3:09	-	5	0:13	6	0:13	-	1:03:37	-	4	3:45	5	3:45
4	-	9:08	-	4	0:30	4	0:30	-	1:12:45	-	4	4:15	5	4:15
Finish	-	5:03	-	2	0:02	2	0:02	20.10	1:17:48	-	4	4:11	4	4:11