



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

### Detailed evaluation

**Alise Putraima**

Club: Limbaži ACTIVE  
Number: 377

Course: 10.00 km  
Tautas distance

Category:  
S1-Tautas distance

Total time: 49:52

Speed: 12.03 km/h  
Running performance: 4.99 min/km

Rank in course/Total: 58 (of 256)  
Rank in course/Women: 7 (of 116)  
Best time in course: 42:28

Rank in category: 5(of 42)  
Best time in the category: 42:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1	-	10:52	-	6	2:05	8	2:05	-	10:52	-	6	2:05	8	2:05
2	-	16:47	-	5	2:19	7	2:19	-	27:39	-	5	4:24	6	4:24
3	-	4:05	-	6	0:32	10	0:32	-	31:44	-	5	4:56	6	4:56
4	-	11:35	-	5	1:24	7	1:24	-	43:19	-	5	6:20	6	6:20
Finish	-	6:33	-	5	1:04	7	1:04	10.00	49:52	-	5	7:24	7	7:24