



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Uldis Katlaps

Club: OK Meridiāns
Number: 354

Course: 20.10 km
Sporta distance

Category:
V1-Sporta distance

Total time: 1:25:37

Speed: 14.09 km/h
Running performance: 4.26 min/km

Rank in course/Total: 15 (of 157)

Rank in course/Men: 15 (of 117)

Best time in course: 1:13:37

Rank in category: 7(of 31)

Best time in the category: 1:13:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	9:18	-	8	1:04	18	1:04	-	9:18	-	8	1:04	18	1:04
2	-	14:04	-	6	1:55	11	1:55	-	23:22	-	7	2:57	12	2:57
3	-	3:15	-	6	0:23	8	0:23	-	26:37	-	7	3:20	12	3:20
4	-	9:59	-	7	1:21	15	1:21	-	36:36	-	7	4:39	12	4:39
5	-	5:38	-	8	0:49	14	0:49	-	42:14	-	7	5:28	12	5:28
1	-	9:28	-	8	1:38	15	1:38	-	51:42	-	7	7:06	13	7:06
2	-	14:41	-	6	2:21	14	2:21	-	1:06:23	-	7	9:27	13	9:27
3	-	3:20	-	6	0:24	12	0:24	-	1:09:43	-	7	9:51	14	9:51
4	-	10:04	-	7	1:26	14	1:26	-	1:19:47	-	7	11:17	15	11:17
Finish	-	5:50	-	9	0:49	19	0:49	20.10	1:25:37	-	7	12:00	15	12:00