



LMP Noskrien ziemu 1.posms SĒJĀ
SĒJĀ / 17.12.2017

Detailed evaluation

Artis Maksims

Club: Nacionālā aizsardzības akadēmija
Number: 359

Course: 20.10 km
Sporta distance

Category:
V1-Sporta distance

Total time: 1:26:22

Speed: 13.96 km/h
Running performance: 4.30 min/km

Rank in course/Total: 16 (of 157)

Rank in course/Men: 16 (of 117)

Best time in course: 1:13:37

Rank in category: 8(of 31)

Best time in the category: 1:13:37

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	9:20	-	9	1:06	19	1:06	-	9:20	-	9	1:06	19	1:06
2	-	14:16	-	8	2:07	15	2:07	-	23:36	-	8	3:11	16	3:11
3	-	3:20	-	8	0:28	13	0:28	-	26:56	-	8	3:39	16	3:39
4	-	10:02	-	8	1:24	16	1:24	-	36:58	-	8	5:01	16	5:01
5	-	5:45	-	9	0:56	17	0:56	-	42:43	-	8	5:57	17	5:57
1	-	9:14	-	6	1:24	12	1:24	-	51:57	-	8	7:21	16	7:21
2	-	14:45	-	7	2:25	15	2:25	-	1:06:42	-	8	9:46	16	9:46
3	-	3:32	-	10	0:36	18	0:36	-	1:10:14	-	8	10:22	16	10:22
4	-	10:28	-	11	1:50	20	1:50	-	1:20:42	-	8	12:12	16	12:12
Finish	-	5:40	-	6	0:39	13	0:39	20.10	1:26:22	-	8	12:45	16	12:45