



LMP Noskrien ziemu 1.posms SĒJĀ  
SĒJĀ / 17.12.2017

Detailed evaluation

Jēkabs Krastiņš

Club: Sportiņš 88  
Number: 356

Course: 20.10 km  
Sporta distance

Category:  
V1-Sporta distance

Total time: 1:40:48

Speed: 11.96 km/h  
Running performance: 5.01 min/km

Rank in course/Total: 48 (of 157)

Rank in course/Men: 43 (of 117)

Best time in course: 1:13:37

Rank in category: 14(of 31)

Best time in the category: 1:13:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1	-	11:32	-	18	3:18	50	3:18	-	11:32	-	18	3:18	50	3:18
2	-	16:27	-	17	4:18	40	4:18	-	27:59	-	17	7:34	42	7:34
3	-	3:52	-	14	1:00	35	1:00	-	31:51	-	17	8:34	42	8:34
4	-	11:22	-	13	2:44	30	2:44	-	43:13	-	17	11:16	40	11:16
5	-	6:29	-	15	1:40	37	1:40	-	49:42	-	17	12:56	39	12:56
1	-	10:43	-	13	2:53	35	2:53	-	1:00:25	-	15	15:49	36	15:49
2	-	16:48	-	13	4:28	40	4:28	-	1:17:13	-	14	20:17	35	20:17
3	-	3:58	-	14	1:02	40	1:02	-	1:21:11	-	14	21:19	35	21:19
4	-	11:59	-	15	3:21	44	3:21	-	1:33:10	-	14	24:40	36	24:40
Finish	-	7:38	-	25	2:37	85	2:37	20.10	1:40:48	-	14	27:11	43	27:11